

Community Education

North Branch Area Public Schools

Adult, Youth, & Family
FUN



THE VOICE School News
included on pages 33-43

Welcome to another season of lifelong learning!



In this time of financial insecurity, it's important to take time for relaxation, socialization and learning new skills. We've designed this fall's session with this in mind.

Financial management professionals have rallied to help teach important skills so you can plan your financial future. Area artists and chefs have designed "make and take" classes so your holidays can be fun – and debt free. Local wellness enthusiasts have signed up to provide recreation classes to help you manage life and stress in a healthy way. Career specialists have created courses to help you seek new options.

And finally, and as important, all of our instructors have made a commitment to ensure that your time in class is valuable and fun.

Learning is a lifelong adventure! We're looking forward to having you in our classes.

*Jeanne C. Leland
North Branch Area
Community Education Director*

THE VOICE is now included in this catalog

See pages 33-43 for school district news and announcements.

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District Newsletter

Community Education Citizen Advisory Council

Kirby Ekstrom, Linda Emery,
Larry Erickson, Charlie Klopp,
Lorraine Moeller, Barb Nordberg,
Rick Olseen, Kathy Olson,
Jeanne Penna, Karen Peterson,
Ann Richards, Inna Ryder,
Tovah Rykken, Christy Sauro Jr,
Carrie Schmidt, Marlene Schutte,
Luke Simonett, Jean Storlie,
Cong Xiong, Susan Yelle

Adult Learning



Doggone Sense 101

with **Tiffany Huebner**

Everything you want or need to know about your dog, the neighbors dog or a dog you'll be getting! This seminar covers the ABC's of dog ownership. It's a fun, informative seminar for all ages. From feeding to grooming to training and more we'll help you acquire good dog sense.

#3329 T Oct 7
7-9pm \$13 per person
\$9 second family member
NBPS Small Gym

Paper Clutter Solutions

with **Susi McCune**

Paper is the #1 cause of clutter in homes and offices! If you're trying to dig out from a landslide of mail, magazines, bills and catalogs, learn the Magic Questions that can help you manage that paper NOW! Professional Organizer, Susi McCune, will share simple techniques that can clear the mess and ease the stress in your home or on the job. Get tips on organizing your computer desktop, as well as your desk. Don't just file it...find it! There is a \$14 manual and material fee for this class payable to instructor at class. Additional organizing books and supplies will be available for purchase after class.

#3305 T Oct 28
6:30-9pm \$21
NBHS B102

ELL English Classes

with **Anne Lawrence**

Our licensed ELL teacher will assist adults needing to learn conversational or work place English. Volunteers are needed to tutor adults learning English. Call for more information 651-674-1581.

T & Th All Year
5:30-8pm Free
NBHS B111

ABE/GED

with **Julie Lechnir**

What would you like to learn? Free adult education classes and programs are available for anyone 16 years or older who is not enrolled in a formal school program. For more details call the St Croix River Education District at 651-674-2436 or leave a message with Julie Lechnir, ABE instructor at 651-674-1028. Start working toward your educational goals – it's never too late to learn.

Th Sept 18-May21
4-8pm Free
NB Main Street School 130



Adult Learning



Share the Love of Reading with Someone Special

with Kristen Thomas

Do you have a favorite story, poem or fairytale? Is there someone special you like to read with? If you answered yes to either of these questions, please join Kristen Thomas for a night filled with reading. Within the evening you will hear and share favorite stories and create a story inspired project. Participants are strongly encouraged to bring their favorite story, magazine, or poem and invite one special visitor to accompany them. Students in grades K-5 must preregister. Students must accompany their "special visitor". (Visitors may include parents, aunts, uncles, grandparents, teachers, or another adult.) Please note, the evening will conclude with a fabulous book sale with books available to purchase for \$1.

#3360 Th Nov 13
 7-8pm Free
 NB Sunrise School Media Ctr

Skid Control and Defensive Driving Class

with Training Wheels

This course is designed for already licensed drivers who have been driving at least 6 months. Students will gather for 2 hours of classroom information and then convene to the parking lot to put that information to use in the Skid Control Monster. Students drive the Skid Control Monster which is one of the nation's best risk prevention education tools. Students will have an opportunity to: understand why cars crash; understand the importance of safety belt use; tune up driving skills; update knowledge of the rules of the road; reduce traffic violations, crashes, and chances for injuries; drive more safely; and possibly get an insurance discount (check with your agent). You can expect to learn about current rules of the road, how to operate your vehicle more safely in today's increasingly challenging driving environment, and some information about driving in transitional traffic communities. Please bring bag lunch to class.

#5316 S Oct 25
 10-3pm \$50
 NBHS B102

Become a Mentor Today

Make a difference in a child's life!

Join *Friends Make a Difference*, a partnership between Fairview Lakes Regional Health Care and North Branch Area Schools. For more information contact: Carla Norelius, Community Health Outreach Manager at Fairview Lakes Health Services 651-257-8806.



Computer Classes



Computer Classes with David Larson

Classes are presented with projection equipment. There will be a combination of demonstration and discussion with some hands on.

Computer for Beginners

Get an overview of computers, common terminology, and the parts inside that make the computer work. We will also cover how to buy a new computer, the best places to shop, and how to buy software. You'll also get an introduction to Windows including how to start and shut down the computer, using a mouse, running programs from Windows, handling computer problems, viruses and spyware.

#5300 M Sept 22-29
6:30-9:30pm \$49
NBMS Media Cent

Intermediate Windows

Get a variety of tips and tricks to make using the computer easier, including installing and removing software, printing what you see on the screen, power settings, changing your desktop background, making icons, removing cookies, and system restore. This class will be presented with projection equipment and laptops. Prerequisite: Computers for Beginners.

#5301 M Oct 6
6:30-9:30pm \$29
NBMS Media Cent

Simple Word Processing

You can type letters without using Microsoft Word or Word Perfect. We will learn how to use a simple word processing program called "Word Pad", which is included with every version of Windows. Topics include: typing a document, printing, saving, fonts, point size, color and cut/copy/paste.

#5317 M Oct 20
6:30-9:30pm \$29
NBMS Media Cent

Digital Cameras

Get an introduction to digital cameras and working with pictures on your computer. We'll cover terminology, tips on taking pictures, transferring pictures to your computer, pictures as email attachments, printing and adjusting your pictures. We will not be learning how to use student cameras, but will have one camera and computer in class to demonstrate.

#5304 M Oct 27
6:30-9:30pm \$29
NBMS Media Cent

Creative Expression



Instant Piano for Hopelessly Busy People

with **Kris Simonson**

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. How do we do it? By learning chords. And you can learn all the chords you'll need to play any song in this one session. Any song. Any style. Any key. If you can find middle C and know the meaning of Every Good Boy Does Fine, you already know enough to enroll in this workshop. Material fee of \$28 payable to instructor at class.

#3316 M Sept 22
6:30-9:30pm \$20
NBMS 305

Learn to Play Mountain Dulcimer

with **Bob Herr**

Learn basic playing and tuning techniques of this beautiful "mountain music" instrument. Bring your own instrument or arrange with the instructor in advance for a rental instrument. You will learn two or three well-known songs in this class. Class size is limited so register early. While traveling the Ozarks, Robert discovered and became enamored with this sweet-sounding, mountain instrument. He has "jammed" at the Ozark Folk Center in Arkansas and the Bayou Dulcimer Festival in Louisiana. He has spent a lot of time researching and teaching himself the dulcimer and now would love to share his expertise with you.

#3315 Sa Dec 6 & 20
9-11am \$36
NBHS B100

6

Writers' Seminar and Workshop with Jean Tennant

This workshop is for anyone interested in writing books of fiction or nonfiction, magazine articles, short stories, children's books, poetry, scripts, religious essays, personal experiences and other works. Jean Tennant has published seven novels, as well as more than 200 short stories and articles have appeared in numerous internationally published periodicals. Participants of this workshop will receive a great deal of useful information, as well as individualized guidance aimed at helping them realize their goal of publication. Registered participants are invited to send up to 10 pages of text to Jean to be critiqued and returned on the day of the workshop. Contact the community education office if interested. Please bring a bag lunch to workshop.

#3362 Sa Jan 10
9-4pm \$49
NBHS B100



Arts Fest Craft Show

Saturday, November 22

9am-4pm

North Branch Middle School
and High School

Free Shuttle

Heartland Express free shuttle service available between two craft sites

Please bring a nonperishable food item for local food shelf.

Please no strollers or pets.
No smoking



Paying Tribute to the Graduate! Class of 2009 and beyond.

With Jenny Kasa

So, you have a son or daughter graduating soon? Are you planning a gathering in their honor? If so, don't miss this evening of options and ideas! Explore a variety of options for creating a permanent, fun and memorable showcase of your Senior; from baby days through graduation day! Get some unique ideas for invitations, keepsakes and more. Take home a list of "Must Have Photos" to take during the Senior Year, a system for collecting items to display and more! A material fee of \$23 payable to instructor at class.

One material packet per family.

#4314	Th	Sept 18
	7-8:30pm	\$13 per person
	NBHS B102	\$18 per family

Beginning and Intermediate Woodcarving

with Jack Frost

Learn to relax by carving! This class teaches carving by hand. Beginners will carve six projects, learning knife safety, how to sharpen knives and how to finish projects. This instructor will collect \$10 at the first class for purchase of knife, stone and first project. At the remaining classes, the carving blanks will cost \$3-\$5 each week. Intermediate students, please call instructor, 651-464-8791, to discuss specific projects and tools to bring to class. No class October 14 and November 4.

#4300	T	Oct 7-Nov 25
	7-9pm	\$39
	NBHS B145	

You're on the Air

With Terry Daniel

Voice-overs are hot today! You don't have to be an actor to get voice-over work, but it certainly doesn't hurt! With such notable talent as James Earl Jones, Linda Hunt, and Donald Sutherland lending their voices to commercials, films, and videos, one would think that it would be next to impossible to break into this field. Not so! In this class you'll learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving full or part-time business! Terry Daniel, successful voice-over artist (Hallmark, Apple Computers, Boston Scientific), will demonstrate voice-over technique and will introduce students to the voice-over business as a whole. He will talk about the numerous opportunities, the income potential, and the all-important demo and how to have it produced. You'll step up to the microphone to do some practice recording, and best of all, hear the results!

#3352	Th	Nov 6
	7-9pm	\$29
	NBHS B112	

Sunrise Seniors Story Theater

If you enjoy reading to children, this senior citizen troupe might just be for you. We read familiar stories to children in a collaborative, creative, dramatic way and have great fun doing it. We meet every other Wednesday during the school year from 1-3pm to practice or perform our stories at the Sunrise River Elementary School or North Branch Area Primary School. To find out more about this exciting group, call Community Education at 651-674-1025.

Rubber Stamping for Everyone

with Michelle Waletzko

Experience the art of rubber stamping!! Beginner and experienced stampers will find something new at this class. We will create 6 cards from birthday, to anniversary, to thank you. \$10 material fee payable in class. Youth 13 or older may attend with paying adult.

#4325	M	Oct 6
	7-9pm	\$7
	NBHS B102	

Creative Expression



Rubber Stamping After the Holidays

With Michelle Waletzko

Relax after the busy holidays and learn new rubber stamping techniques. We will create 6 cards at this class, including a Valentine card for that someone special. This is a class for beginners and experienced stampers. \$10 material fee payable in class. Youth 13 or older may attend with a paying adult.

#4301	M	Jan 12
	7-9pm	\$7
	NBHS B102	

Winter's Grace

with Shari Schommer

Your instructor is one of only six certified instructors in Minnesota in the Bob Ross Wet-on-Wet painting technique as seen on Channel 2. With this amazing patented painting technique, specially formulated oil paints and only a few specific tools you can create beautiful artwork. All you need is the desire to make beautiful things happen on canvas and a masterpiece that you never dreamed possible will flow from your brush. No previous experience needed. Each student is asked to bring a roll of Bounty paper towels, baby wipes, and a bag lunch to class. \$10 material fee payable in class. If you have materials from previous classes call the Community Education office at 651-674-1025. Stop by the community education office to see sample on display.

#4312	Sa	Nov 1
	9-1pm	\$26
	NBHS B110	

8

Dance

Square Dance Lessons

with North Branch Squares

Join the North Branch Squares for Square Dance Lessons. A great way to exercise and meet fun people.

M	Starts Sept 15
7:30-9pm	
NBPS Large Gym	

Wedding Dance Workshop

with DanceSport Center

This is a great chance to escape together before the big day. Dance with your partner to learn some basic steps in popular wedding dances and make new friends! Class is for beginners or experienced dancers. Lessons will be held at DanceSport Center, 6041 Main Street, North Branch. \$25 per couple/per day.

#6312	Sa	
	Sept 13, Oct 11, Nov 1	
	11-11:55am	
	\$25 per couple/per day	

Dance Lessons

with DanceSport Center

Join us and learn the basics of Salsa or the Cha Cha Dance. Find yourself a partner or come by yourself and join us for a fun time leaning this dance. Dance lessons will be held at DanceSport Center 6041 Main St, North Branch.

#6331

Salsa

Oct 18 & 25	11-11:55am	\$21pp
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Cha Cha

Nov 8 & 15	11-11:55am	\$21pp
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For the Holidays



Holiday Appetizers

with Chef Eric

Are you hosting a party and want new ideas for appetizers? Tired of serving barbecued meatballs every year? Your guests will be delighted with the amazing appetizers you serve after taking this class with Chef Eric, Le Cordon Bleu instructor. Get your guest list going knowing you will impress them with an evening of baked brie en croute, brouchetta, shrimp kabos, savory palmiers and crab puffs! Cost of food is included in tuition.

#3304 T Dec 9
6:30-9:30pm \$32
NBHS B102

Beaded Pen and Bookmark

with Darla Herman

This unique beaded pen will be the envy of all your friends! The top half of the metal pen is embellished with beads. The bookmark has a group of beads/spacers on each end of beading cord. The cord fits inside the book pages. You may make your cord to fit standard paper backs or larger books. You will have a choice of different color pens, cording, beads and spacers. Stop by the Community Ed office to see samples. All materials included in registration fee.

#4303 W Nov 5
6:30-8pm \$32
NBHS B100

Bring A Bear to Life

with Elaine Jacobs

Create your own collectible teddy bear with recycled mink. Instructor provides the bear body - ready for stuffing. You will stuff and name your own newborn, jointed bear. Choose from a variety of fur colors and bear bodies, each with their own personality. Completed bears are about 8 inches long and ready for naming. You will go home with your bear, name pendant, adoption certificate and tote bag for transportation. An adult must accompany children under age 12. Stop by the Community Education office to see sample on display.

#4304 M Nov 24
6:30-8:30pm \$39
NBHS B100

Truffles and Treats

with Chef Eric

There's nothing trifling about these delectable chocolate truffles, mini cheese cakes, eclairs, cream puffs and pecan diamonds you'll be making for the holiday dessert tray! Master Pastry Chef Eric specializes in pastries, having recently instructed at Le Cordon Bleu. You'll be asked to make these scrumptious desserts every holiday from now on! Cost of food is included in tuition.

#3307 T Dec 2
6:30-9:30pm \$29
NBHS B102

Mosaic Coasters and Trivet

with Peggy Decker

Learn how to work with mosaic tiles. We will make coasters and trivet. You will see how easy this process can be, and then you can move on to bigger things. These can be wonderful gifts for the holidays. Material fee of \$20 payable to instructor at class.

#4306 T Nov 25
6:30-9:30pm \$11
NBHS B110

Register online with your
Visa or MasterCard at
www.nbaceonline.org

For the Holidays



Stress Free for the Holidays

with Dr Pete Wurdemann

Peace in your life and relationships is a vital part of a truly healthy life. The holidays are, sadly, one of the most stressful times for many of us because of the turmoil in our families and the busyness of life. Have this holiday season happier and healthier - join us for a practical class on how to de-stress and simplify life and manage time and relationships.

#3366 W Nov 12
7-8:30pm \$5
NBHS B100

Quick and Easy Paper Photo Album

with Jenny Kasa

Create a mini album; it's a quick and easy option for you to keep for yourself or give as a gift. Your album will be quickly assembled using the coordinated, pre-cut decorative accessories included in your paper album kit. It's so simple and there is no cutting required! A variety of color schemes/themes will be available to choose from. Please bring 15-30 photos with you to class. Children ages 9 and older are welcome to register for the class. A material fee of \$20 payable to instructor at class. The material fee includes all of the necessary supplies for a single album.

#4302 T Oct 14
7-8:30pm \$13 per person
NBHS B102 \$18 per family

Holiday Rubber Stamping

with Michelle Waletzko

Experience the art of rubber stamping for the holidays!! We will create holiday cards and packaging ideas for Thanksgiving and Christmas. You will go home with 6 projects from this class. Material fee of \$10 payable to the instructor at class. Youth 13 and older may attend with a paying adult.

#4308 M Nov 10
7-9pm \$7
NBHS B102

Poinsettias Painting with Bob Ross Technique

with Shari Schommer

If you are excited by color, you should be painting flowers. Brilliant pink, vivid orange, muted blues and lavenders all create these beautiful flowers that come from nature or your imagination. Even if you've never painted before, with just a couple of brushes and a few basic techniques, you will be painting amazing flowers. Using the Bob Ross Wet-on-Wet (R) as seen on Channel 2. Shari Schommer one of three Certified Floral Instructors in the state will show how your creativity can flow from you. Each student is asked to bring a roll of Bounty paper towels, baby wipes, and a bag lunch to class. \$20 material fee payable to instructor at class. If you have materials from previous classes call the Community Education office at 651-674-1025. Stop by the community education office to see sample on display.

#4312 Sa Dec 6
9-2pm \$39
NBHS B110

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Health & Fitness



Back by Popular Demand – Janice Novak

Register for both sessions and save; pay only \$49!

With a Master’s Degree in Health Education, Janice Novak presents information that can improve your health, productivity, alertness, energy and motivation. She is an internationally acclaimed author, speaker and wellness consultant. Janice empowers you to take the techniques you’ve learned to change how you look and feel. She regularly presents health segments on television and radio, including a guest spot on the Oprah Winfrey show.

Hips, Thighs and Otherwise

If you’ve noticed hip/thigh/buttock spread, you are not alone and this workshop is for you. We have become a nation of professional sitters, causing lower body muscles to weaken and sag. In this workshop, you will learn: my famous “10 Minute Miracle Exercise” series to strengthen lower body muscles quickly and, in the process, increase metabolism and bone density; decrease 2 inches off saddlebag area in 2 weeks; trim inches off lower body by getting rid of excess water weight; breathing technique to stimulate fat metabolism; acupressure points for lymph circulation and drainage. If you don’t have time/money/inclination to haul yourself to a gym several times a week, you will love these powerful and effective techniques. Come prepared to exercise and bring a mat.

#6553 March 28 9:30-11am
NBHS Small Gym \$26

Vitamins and Herbs: Facts and Fallacies

Confusion abounds about vitamin supplements. Do you need them? Which ones are best? How do you choose? In this workshop, you will learn the 7 guidelines that determine if a supplement is well balanced or a waste of money. (The instructor DOES NOT sell any supplements). Also, we’ll discuss what current research says about: antioxidants, phytochemicals, anti-aging nutrients, colloidal minerals, chelated minerals, sustained release formulas, and herbal preparations such as St. John’s Wort, Ginkgo, Ginseng, Echinacea, and DHEA.

#6554 March 28 11:30-1pm
NBHS Small Gym \$26

*Register online with your
Visa or MasterCard at
www.nbaceonline.org*

Health & Fitness

Zumba

with Molly Burnoski

Ditch the workout, join the party! The newest fitness rage reaches North Branch. This class combines rhythmic beats with Latin based moves. Its exercise in disguise! Wear comfortable clothes and shoes. \$4 at the door or \$36 for 10 session punch card.

T Sept 16-April 28
9-10am
NB Main Street School Gym

Cardio-Kickboxing Combo

with Deb Robinson

Want to get a great total body workout and have fun doing it? Then this is the class for you! This class combines Kickboxing and sport moves along with intervals of muscle toning exercises using tubes and weights to get a great cardio and toning workout all in one! Great for all levels of fitness. Please bring to class: towel, water bottle, small hand weights and exercube. \$4 @ door or \$36 for 10 session punch card. No class December 22, 24, 29, 31, February 16, March 9 and 11.

MW Sept 15-May 20
6:15-7:15pm
NB Sunrise School Large Gym

Pilates

with Laura Lindberg

This class will help improve core control, coordination, posture and balance. We will work on strengthening muscles supporting the spine to bring balance while increasing flexibility. Any level of fitness can benefit from this class. Please bring a mat to class.

#6303	M	Oct 6-27	\$39
	M	Nov 3-24	\$39
	M	Dec 1-22	\$39
	M	Jan 5-26	\$39
		5-6pm	
		NBPS Small Gym	

Hatha Flow Yoga

with Laura Lindberg

Hatha or Flow Yoga is appropriate for any skill or physical ability level. Modifications are offered to accommodate everyone. Focus is on breathing, flexibility, strength and relaxation. No chanting, meditation or religion is involved. From beginners to advanced, all are welcome. Please provide your own mat and wear comfortable, nonrestrictive type clothing.

#6311

NB Main Street School Gym

M	9-10am	Oct 6-27	\$39
W	9-10am	Oct 1-29	\$49

M	9-10am	Nov 3-24	\$39
W	9-10am	Nov 5-26	\$49

M	9-10am	Dec 1-22	\$39
W	9-10am	Dec 3-17	\$29

M	9-10am	Jan 5-26	\$39
W	9-10am	Jan 7-28	\$39

NBPS Small Gym

M	6-7pm	Oct 6-27	\$39
M	6-7pm	Nov 3-24	\$39
M	6-7pm	Dec 1-22	\$39
M	6-7pm	Jan 5-26	\$39

30/30 Fitness Combo

with Nikki Klanderud

Get ready, sweat some and stretch some. We'll start with some aerobic exercise and finish with Yoga/Pilates. The first 30 minutes you will have fun with some simple aerobic patterns to get your heart pumping and then cool down and relax for the next 30 minutes with Yoga/Pilates. Yoga and Pilates will help you focus on breathing, flexibility, posture and muscular strength and balance. This class will help improve your overall fitness and is for any fitness level. Bring a mat, exercise tube, and exercise ball if you have them. Join the fitness fun!! \$4 at the door or \$36 for 10 session punch card. No class November 4, 27, December 23, 25, 30, January 1, March 10 and 12.

T&Th Oct 21-Apr 30
6:15-7:15pm
NB Sunrise School Large Gym

Open Walking Club

This walking club is designed for those citizens who want to walk indoors. Once again this year, for security reasons, you need to wear a security badge when walking. Please stop by and fill out a registration form to receive your walking badge.

M-F	All School Year
4-9pm	\$3
NBHS	

How to live to be 100 and healthy!

with Dr Pete Wurdemann

If you are like most of your friends, family, and neighbors, you expect to be alive and well at sixty. But the reality is that only an estimated one out of one thousand Americans will celebrate their sixtieth birthday in excellent health, free of medication and feeling good. If you could ensure that you would make it to 60 and 40 years beyond, wouldn't you? Come hear how it is possible to beat the statistics.

#3309	M	Sept 15
	7-8:30pm	\$5
	NBHS B100	

Maximized Living

with Dr Pete Wurdemann

After years of research and study, five essentials are needed to achieve a long, satisfying, healthy, maximized life:

1. minimize the use of drugs, toxins and surgery, 2. maximize home supply, 3. maximize quality nutrition, 4. maximize oxygen and lean muscle, 5. maximize peace and strong relationships. Common sense right? But not common practice. This class will explain how to make your life maximized!

#3305	W	Oct 8
	7-8:30pm	\$5
	NBHS B100	

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Wear Your Chi

with Karen Hollingsworth

Learn to attract what you want in life through your appearance using the energies of Feng Shui's Five Elements. Karen Hollingsworth will introduce you to an innovative, transforming dressing technique that will: fulfill you by dressing your inner being, fortify you to attract your desires, flatter your body's coloring and shape, and function for your lifestyle. This will be an interactive class, bring a short paragraph about your ideal self... the person you would be...if there were no holes barred! Be guided to a deeper understanding of your personal energies.

#3361	T	Jan 13
	6:30-8:30pm	\$22
	NBHS B112	

Men's Open Basketball

with Peter Sterk

Bring the guys together for some fun games. No dunking allowed. Open basketball will be Mondays and Wednesdays, November 3 - March 30 from 7:15-9:15 pm, \$3 per session. North Branch Middle School, large gym. Please be advised that for safety reasons, unsupervised children are prohibited from attending adult sports activities. No basketball December 24, 29, 31, February 16, March 9 and 11.

MW	Nov 3-Mar 30
7:15-9pm	\$3 @ the door
NBMS Large Gym	

Open Tennis

Want to play tennis and not have to worry about the weather? Call today to reserve your indoor tennis court for hours of fun and great exercise. Call Community Education 651-674-1025 with your charge card or stop by to reserve your time. No tennis November 27, December 25, and January 1.

Th	Nov 6-Mar 5
6-8pm	\$10 hr/court time
NBMS East Gym	

American Heart Association

A textbook and CD must be picked up at the Community Education Office one week prior to the start of class.



Basic Life Support for Healthcare Providers

This Basic Life Support (BLS) CPR Course is designed to provide a wide variety of healthcare professionals the tools to recognize several life threatening emergencies and provide CPR for infants, child and adult, use an AED and relieve choking in a safe, timely and effective manner. You will be taught through a hands-on teaching style and exposed to 911 scenarios. New AHA - CPR standards will be covered. The fee includes a textbook, CD and a course completion card good for two years. There is required reading to prepare for the class.

#6551	M	Nov 10
	6-10pm	\$87
	NBHS B100	

Basic Life Support for Healthcare Providers Refresher

This Basic Life Support (BLS) CPR course is designed to provide a wide variety of healthcare professionals the tools to recognize several life threatening emergencies and provide CPR for infants, child and adult, use an AED and relieve choking in a safe, timely and effective manner. New AHA - CPR standards will be covered. Refresher class participants must have a current CPR card (AHA or Red Cross). The fee includes a textbook, CD and a course completion card good for two years. There is required reading to prepare for the class.

#6555	T	Jan 20
	6-9:30pm	\$87
	NBHS B112	

Heartsavers CPR

This course presents the existing and new curriculum for the American Heart Saver CPR program. Included are the cardiac and airway obstruction treatments for adults and children. This is a great class for anyone - daycare providers, teachers, lifeguards, personal trainers, grandparents, students, etc. This comprehensive course includes a new DVD presentation that is easy to follow, with emphasis on classroom participation. There is required reading to prepare for the class. The textbook, CD and course completion card are included in the fee. It is encouraged to look over the book and CD prior to class.

#6550	M	Mar 23
	6-9pm	\$68
	NBHS B100	

First Aid

The Heartsaver First Aid course provides training in basic first-aid procedures - including the first-aid skills recommended by OSHA - in a format that can be delivered in a single day. This course will teach you how to manage illness and injuries in the first few minutes until professional help arrives; Adult/Child choking, allergic reactions, heart attack, fainting, diabetes, strokes, seizures, shock, head/spine injuries, bleeding, broken bones, sprains and burns. The Heartsaver First Aid course is specially designed to train anyone who might be the first to respond in the workplace or community. The textbook, CD and course completion card are included in the fee.

#6556	M	Apr 13
	6-9pm	\$57
	NBHS B100	

*Register online with your
Visa or MasterCard at
www.nbaceonline.org*

Life Skills



How Money Works

with **Stephen Schmidt**

Today's society is consumer-driven. We are bombarded with advertisements. It's easy to see how these natural forces of free commerce can distract us from our financial goals, and even lead us into debt. If we don't stop and examine our beliefs about money, then establish a step-by-step plan for achieving our goals, the American Dream will remain just that - a dream! Life today is so different than it was yesterday. Lack of job security, dwindling pension plans and a strained Social Security system have added retirement to our long list of financial worries. Even dual-income families find it difficult to meet present needs, much less save for future ones. Now more than ever, it's crucial that we learn the fundamentals of money management that will help us prosper in the long run.

#3325 Th
Oct 2, 16, 23, 30, Nov 6, 13
No class October 9
6:45-8:15pm
\$13 per person \$18 per couple
NBHS D102

The Art of Resumes

with **Tony Thomann**

In today's Job-Search, resumes need to be well-designed, professional, informational and flexible enough to be tweaked for each position. They also need to be viewable on someone's desktop and able to be inserted into online forms. This class will focus not only on creating the text of a resume, but on understanding how the resume must clearly describe the great employee you will become. Using *minnesotaworks.net* we will discuss and begin work on creating a great online resume.

#3344 Th Nov 13
6:30-9:30pm
\$14 adults/\$9 teens
NBMS 601

Home Stretch

First Time Home Buyers

with **Central Minnesota Housing**

Home Stretch is a first time home buyers educational class. Participants learn about qualifying for a mortgage, financing a home, budget/credit, the closing process, basic home maintenance and foreclosure prevention. Home Stretch is required for some mortgage products.

#3309 T Jan 13, 20, 27
6-9pm \$25 per couple
NBHS B102

It's Your Party;

You can Retire if You Want To

with **Tracey Simonson**

Retiring can be an exciting time, especially if you have the funds for it. This course is designed for people who are putting money aside for their retirement, but are not sure if they are "on-track" to meet their future goals. This class will give you the strategies needed to be confident about your financial future.

#3310 Th Oct 9
7-8:30pm \$7
The Villages of North Branch

Life Skills

It's My Life and Here's How I'm Dealing With It.

with Bob Herr

Developing a will is an important step in celebrating your life's accomplishments. In this three session class, Bob will make sure you understand the various techniques for property distribution, protection of estate and beneficiaries and the assessment needed to write your will - which will be written and notarized in this class. The final session will focus on the usefulness of the Financial Power of Attorney and Health Care Directive and aid you in preparing these. Safe keeping of the forms and circumstances to consider for revisions will also be discussed.

#3375 M, T Nov 10, 17, 18
7-9pm \$65
The Villages of North Branch

Boomer Children and Aging Parents: Survivors' Workshop

Workshop topics: Aging with Dignity: Tips for Children When Dealing with Aging Parents; Home and Community Based Services; Downsizing: The How To's; Funding Elder Care Services in Changing Times – a panel discussion. Registration fee includes continental breakfast, lunch and resource goodie bag.

Sa Feb 28
9:30-2:30pm
\$13 per person \$23 per couple
The Villages of North Branch

Saving for College

with Tracey Simonson

Explore your assets to plan effectively for college costs. We will examine various financial options for saving money for college expenses. This session is especially valuable for parents who have more time to plan.

#3357 T Oct 21
7-9pm \$7
NBHS B112

Feng Shui Fun

with Karen Hollingsworth

When you align yourself with natural energy patterns, things flow more smoothly! Spend a fun evening, with two certified Feng Shui consultants, learning how to properly overlay the Feng Shui Map, called the Bagua, on your home. We will discuss the energies located in each of the 9 Life Areas and how they affect different aspects of your life. With simple enhancements, your life will begin to flow with harmony, balance, realization of goals and good fortune! Bring a drawing of your home that includes your house and garage with any attached decks and screened porches. This drawing must be to scale to properly determine the bagua. Include the location of windows, doors, closets, kitchen appliances, laundry appliances, bathroom fixtures and stairs.

#3358 Th Oct 23
6:30-8:30pm \$41
NBHS B112

Celebrating Life: Planning and Pre Arranging Your Funeral

with Grandstrand Funeral Home

Learn about: funeral arrangements; what the funeral director needs to know; expenses connected with funeral options (traditional services, cremation with viewing, direct cremation); prefunded options. Tour Grandstrand Funeral Home while getting answers to questions about funerals.

#3307 W Nov 5
6:30-8:30pm \$6
Grandstrand Funeral Home,
North Branch

Long-Term Care

with Sean Tschirhart

What is Long-Term Care? How will the new Minnesota long-term care law affect you or your current policy? Get answers to these and other common questions about long-term care products. Don't wait to think about long-term care insurance. It is best to prepare for your future long-term needs today!

#3367 T Nov 11
7-8pm \$7
The Villages of North Branch

Parent Education



Getting Ready for College

with Krista Mead

This workshop is for high school students who are college bound, their parents, educators and school administrators.

It is designed to guide you through the college entrance exam process including: factors influencing college admissions and how entrance exam scores are used; information about the ACT; strategies to improve your score; tips on preparing for college entrance exams; and an overview of the college admissions timeline.

Co-sponsored with Youth Service Bureau.

#7019	Th	Sept 25
	7-8pm	\$4 per person
	NBHS D102	\$6 per family

Street Drugs:

What's Out There Today?

with Dale Hager

Join us and you will see what the different narcotics smell and look like, the paraphernalia used with them and the effects, both short and long term. Learn how to recognize the signs of narcotic use through behavior, facial expressions and body language. This informal class is for parents, educators, counselors, police officers, corrections staff and any adults who have an interest in the health of young people. Co-sponsored with Youth Service Bureau.

#7006	T	Sept 30
	7-8:30pm	\$4 per person
	NBHS B112	\$6 per couple

Mental Health Issues in Kinship Care

with Janet Salo

Children who live in kinship homes often experienced emotional trauma. They may have been abused, neglected, or abandoned. During their short lives they have lost their original relationship with their parents. Sometimes they act out pain and loss through their behaviors. As they get older, these children may suffer depression as they question why their parents can't parent. They may feel it is their fault. At this workshop you will hear from experts in the kinship field who will offer resources and give information and guidance on how caregivers can stay healthy and able to parent a second time around. Co-sponsored with Youth Service Bureau.

#7008	Th	Oct 23
	7-8:30pm	\$11 per person
	NBHS B102	\$17 per couple

Underachievement: What Can a Parent Do?

With Bob Downs

Why do some kids avoid doing their school work and make poor grades? Underachievement in children and failure to follow through on promises "to do better next time" leads to increased frustration, discouragement, anger, and escalating power struggles. This experienced presenter will identify six motivational and behavioral types of underachievers, offer psychological reasons for underachievement, and give tips for parents and educators to change the pattern. Co-sponsored with Youth Service Bureau.

#7007	Th	Nov 6
	7-8:30pm	\$14 per person
	NBHS B102	\$23 per couple

THE VOICE

Now included in this catalog
See pages 33-43 for
school district news and
announcements.

Trips and Travel



History Honored & Remembered

A trip down memory lane in Owatonna, MN

For those who have read Harvey Ronglien's book, *A Boy from C-11*, you know the amazing story. Now, to bring it to life, we've scheduled a special fall outing to the Minnesota State Public School where Mr. Ronglien lived for 11 years and he will be our tour guide! This was Minnesota's only state orphanage. Home to 10,635 children between the years of 1886 and 1945, Harvey will take us around the grounds and the buildings that have been restored to their original setting. Box lunch will be provided. After lunch, we'll be off to The Village of Yesteryear where we'll have a guided tour of the historic buildings showcasing life in Steele Country during the later 19th century.

The Village is an excellent example of life in early Minnesota featuring the Dunnell House, and 1868 Mansion built by Mark Hill Dunnell, a prominent Minnesota legislator. A Coach bus will be provided for your comfort.

Special Note: If you would like to read *A Boy from C-11* you can check it out from the North Branch Area Community Education office thanks to the North Country Readers book club, who have donated their books for others to read.

#4551 Sa Oct 4
7:30-5pm \$39
NB Main St School East Parking

Fall Quilt Shop Hop

Check out fall and holiday fabrics at several northern quilt shops! You will travel by coach to Hingeley Road Quilt Shop in Floodwood, Timeless Treasures Quilt Shop in McGregor, and end your day at Country Caboose Quilts in Wahkon. All three shops have thousands of bolts of quality quilt fabric, supplies, books and patterns. You will enjoy a catered lunch while at the McGregor shop (included in the class fee). You'll have a great time, and save gas money too!

#4553 Sa Oct 25
7:45-5:15pm \$39
NB Main St School East Parking

Planning Your Walt Disney World Vacation

with Angela Larson

Are you thinking about a Walt Disney World Vacation? Do you want to maximize both time and money? Learn insider's tips for planning your vacation making the most of your budget and time.

#3303 Th Oct 30
6-8pm \$7
NBHS B102

Coming to North Branch

American Sign Language



Pine Technical College

Offered through Pine Technical College

This 3 credit course in sign language also includes basic knowledge of the Deaf Culture. Course meets Mondays 3-4:30 pm and Wednesdays 3-4 pm beginning August 25 at North Branch Main Street School.

Contact Pine Technical College Admissions Office for information 800-521-7463

Instructor-Facilitated Online Courses

What a great way to learn, at home, at your own pace, when it's convenient. Log on at www.ed2go.com/northbranch. Use the "Search" feature by entering the course name(s) listed below or click on "Browse Courses by Department" for hundreds of listings. Courses begin each month: Sept 17, Oct 15, Nov 12, Dec 10, Jan 21. Click on Demo and see how easy it is! Each course is 6 weeks, 12 lessons, with most courses priced at \$89. All you need to get started is internet access, email address and web browser!



Registration

Go to www.ed2go.com/northbranch. Select the course(s) you'd like to take. Fill out the online registration and payment instructions.

Required Orientation

go to www.ed2go.com/northbranch. Click on the orientation link. Orientation is required prior to going to your online classroom. During orientation, you will learn important information about your course.

You will also be provided an opportunity to choose the name and password you will use to access your course. This step is critical! You cannot access your course until you complete orientation.

Class Begins

On the day your course begins, return to www.ed2go.com/northbranch, click on the classroom link and log in with the information you provided in orientation.

Learning to Buy and Sell on E-Bay

Auction pros teach you how to work from home or earn extra income by buying and selling online.

Secrets of Better Photography

Explore strategies and learn a variety of tricks to create excellent photographs.

Writing and Language Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Speed, Spanish I, II and III

Learn six easy recipes to glue Spanish words together into sentences and speak Spanish in no time.

Computer and Technology

Creating Web Pages: Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Computer Skills for the Workplace

Learn the fundamental computer skills you need to succeed in today's workplace. You'll discover practical applications for email, word processors, spreadsheets, and databases, gaining a working foundation for the critical computer skills you need to survive in the modern job market.

Business and Career

Merrill Ream Speed Reading: Acclaimed speed reading expert teaches how to save your time by reading faster with better comprehension.

See web site for more classes

We R Able

Programs for Adults with Disabilities

Please pre-register for all classes and send fee to We 'R' Able, PO Box 637, Rush City, MN 55069.

For questions call Betty or Anne at 320-358-3616 or 651-674-2436.



Adaptive Ramp Bowling

Special adaptive bowling equipment is designed so all individuals in wheelchairs can enjoy the sport. The site is handicap accessible and the bowling is competitive. Find out how you can participate plus enjoy a chance to socialize and have treats after the games are done. Come and see what it is all about. The event is sponsored by the Veterans Administration but everyone is welcome. Volunteers are needed.

Thursdays beginning September 4 and continuing weekly at 2:30pm
Chisago Lakes Lanes, Chisago City

History Theater Presents: The Miracle Worker

Once again the History Theater gives us an acclaimed production about the remarkable life and teaching of Helen Keller under the tutelage of Annie Sullivan. Call 320-358-3616 if you need transportation.

Th	Jan 29	10am
	History Theater, St. Paul	\$11

Support Group Focus on Ability

Persons with a variety of health challenges from communities in East Central Minnesota come to the meetings. These folks share stories, listen, meet new friends and offer encouragement to one another. Meetings may include an educational or entertaining program, and always include refreshments and time for participants to visit. A donation of \$1 per month is encouraged.

First and Third Wednesdays 1:30-3:30pm
Chisago County Senior Center,
North Branch

Eat Like an Elephant, Look Like a Gazelle

with Dr. Pete Wurdeman

We all love to eat, but do we make the wise choices on what we eat? This fun informative and interactive class will give you great ideas for tasty food that is good for you! You'll learn the basic guidelines of smart nutrition, the second night we'll enjoy a fabulous feast of foods we'll prepare together.

Th	Oct 30 & Nov 13	6:30pm
	NBHS B102	\$10

Popcorn, Pop and A Picture Show

Meet new people, munch on goodies, and see a movie sponsored by We 'R' Able for program participants and friends. You may choose from 7 movies at the theater.

The first Thursday of each month.
Cost \$6.50 includes movie, popcorn, pop and refills or \$4.50 for movie only.
NB Cinema 10:15am show time

Youth Academic Enrichment



Firearm Safety - Ages 11 & older

This class will meet Minnesota requirements for firearm safety, for students ages 11 and older. We'll teach proper handling, loading, unloading, identifying of firearms, carries, transportation, etc. Students need to attend all classes along with field testing on Saturday, September 27th. A copy of the student's birth certificate must accompany registration.

#5007 M-F Sept 22-26
6:30-9:30pm \$12.50
NBHS B100

Snowmobile Safety Training Ages 11 & Older

with Sno Drifters

The Youth Snowmobile Safety course is available to youth ages 11 years and older. This course is at least 8 hours in length and is taught by DNR certified volunteer instructors. The course teaches the basics of safe and responsible snowmobiling. It covers operating procedures, machine maintenance, rules and regulations, accident prevention, outdoor survival, environmental awareness, and a code of ethics. The course includes both a written test and a riding performance test that must be passed. Driving test is scheduled for the following Saturday weather permitting. Students need to provide a copy of their birth certificate upon registration. Mandatory attendance at all 3 sessions in order to get certificate.

#5002 T & Th Jan 27 & 29
5-9pm \$10
NBHS Commons

PSAT/SAT Test Preparation with Zaps Learning Company

Join us for this 5 hour workshop to assist students to attain higher scores on the PSAT and SAT. Students gain valuable insight into these national tests through a close examination of each type of question. The workshop teaches students those strategies necessary for answering specific question types and general test taking tips. Motivational instruction and hands on practice allows the student to understand their strengths and weaknesses and offers suggestions for post workshop test preparation.

#5015 W & Th Sept 24 & 25
6:30-9pm \$85
NBHS B112

After School Tutoring Grades K-10

with Vickie Piasecki

Trying to help your struggling child succeed with school work but just don't know where to begin? Why not let us help you get your child back on track.

VP Tutoring, formally Tutoring By Jenny, is now partnering with NB Community Ed to offer after school tutoring. We offer help in the following areas: math, reading, English, study and organization skills, and homework help. Students meet with a tutor for 55 minutes.

Sign up and pay for as many sessions as you would like. Call Community Education to set up your tutoring time 651-674-1025.

As a convenience to parents, K-6 students may register to attend the School Age Care program before or after their tutoring session.

#5013 Th \$33 per day
Oct 2, 9, 23, 30, Nov 13, 20,
Dec 4, 11, Jan 8, 15, 22, 29
Tutoring starts at 3:30pm
NB Main Street School

Youth Academic Enrichment



Lego Elementary Engineering 1

Using LEGO Educational Division Materials and LEGO Technic elements, this class is appropriate for children 8 years and up. Children will learn by doing. Course covers gears, levers, wheels, axles, structures, forces and simple machines. This is an integrated science and math class and is leading up to the Robotics Academy, where children will build robots and program them with the computer! LEGOs are for classroom use. Students will not be taking them home.

#4027 T Nov 11-Dec 16
6-8pm \$99
NB Sunrise School Cafeteria

Share the Love of Reading with Someone Special - Grades K-5 with Kristen Thomas

Do you have a favorite story, poem or fairytale? Is there someone special you like to read with? If you answered yes to either of these questions, please join Kristen Thomas for a night filled with reading. Within the evening you will hear and share favorite stories and create a story inspired project. Participants are strongly encouraged to bring their favorite story, magazine, or poem and invite one special visitor to accompany them. Students in grades K-5 must preregister. Students must accompany their "special visitor". (Visitors may include parents, aunts, uncles, grandparents, teachers, or another adult.) Please note, the evening will conclude with a fabulous book sale with books available to purchase for \$1.

#3360 Th Nov 13
7-8pm Free
NB Sunrise School Media Center

Science Explorers' Chemical Concoctions Grades 2-5

Calling all junior chemists and other curious explorers! Join Science Explorers as we discover the fascinating world of chemistry. Be sure to wear old clothes as we get messy learning about solids, liquids and gases. We will also create cool chemical reactions, explore density, make polymers, and use cabbage juice as an indicator to identify acids, bases and neutrals. This class is more than hands-on, it's hands-in as we experiment with these and other safe compounds.

#3035 Th Oct 23-Nov 6
3-4:15pm \$39
NB Sunrise School Cafeteria

Science Explorers' Kitchen Science Ages 4-6

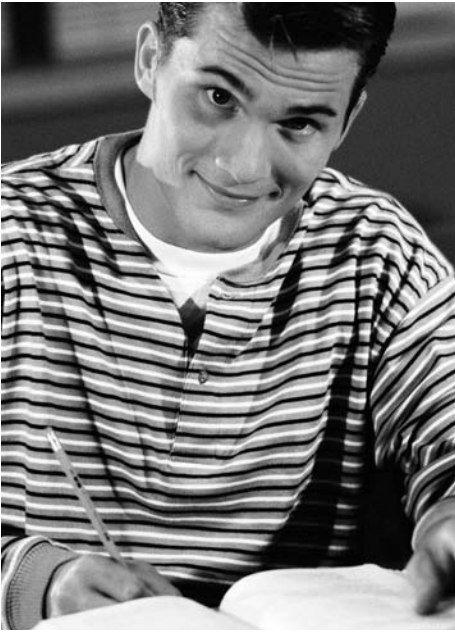
Our kitchens can be an amazing science lab. Join Science Explorers as we experiment with things you can find in your kitchen. We will experiment mixtures that fizzle, pop and stretch all while we learn about solids, liquids and gases. Be sure to dress so you can get messy. Parents or grandparents need to attend with child.

#3026 Th Oct 23-Nov 6
6-7:30pm \$45
NB Sunrise School Cafeteria

Safe On My Own - Grades 2-5 with Debbie Brock

Will your child be home alone for short periods of time? Are you feeling ready to leave your child at home while you run an errand but don't feel your child is quite prepared for an emergency that could arise? Then this class is for you. Designed with young children, ages 7-11, in mind, this course covers many important safety topics. Your child will learn about stranger safety, phone safety, calling 9-1-1, and first aid. This class is not a babysitting certificate class. Deadline to register November 6.

#6501 Th Nov 20
3-4:30pm \$19
NB Sunrise School Cafeteria



Getting Ready for College with Krista Mead

This workshop is for high school students who are college bound, their parents, educators and school administrators. It is designed to guide you through the college entrance exam process including: factors influencing college admissions and how entrance exam scores are used; information about the ACT; strategies to improve your score; tips on preparing for college entrance exams; and an overview of the college admissions timeline. Co-sponsored with Youth Service Bureau.

#7019	Th	Sept 25
	7-8pm	\$4 per person
	NBHS D102	\$6 per family

The Art of Resumes with Tony Thomann

In today's job search, resumes need to be well-designed, professional, informational and flexible enough to be tweaked for each position. They also need to be viewable on someone's desktop and able to be inserted into online forms. This class will focus not only on creating the text of a resume, but on understanding how the resume must clearly describe the great employee you will become. Using *minnesotaworks.net* we will discuss and begin work on creating a great online resume.

#3344	Th	Nov 13
	6:30-9:30pm	
		\$14 adults/\$9 teens
		NBMS 601

Skid Control and Defensive Driving Class Ages 16-Adult with Training Wheels

This course is designed for already licensed drivers who have been driving at least 6 months. Students will gather for 2 hours of classroom information and then convene to the parking lot to put that information to use in the Skid Control Monster.

Students drive the Skid Control Monster which is one of the nation's best risk prevention education tools. Students will have an opportunity to: understand why cars crash; understand the importance of safety belt use; tune up driving skills; update knowledge of the rules of the road; reduce traffic violations, crashes, and chances for injuries; drive more safely; and possibly get an insurance discount (check with your agent).

You can expect to learn about current rules of the road, how to operate your vehicle more safely in today's increasingly challenging driving environment, and some information about driving in transitional traffic communities. Please bring bag lunch to class.

#5316	Sa	Oct 25
	10-3pm	\$50
		NBHS B102

Babysitting Certification with Jennifer Hallberg

The Campfire Boys and Girls curriculum will prepare you to know basic infant care, preventing and handling emergency situations, communicating with parents, child development, behavior management and more. Students will work through a workbook and receive a certification card upon passing the exam at the completion of this class. Please bring a pencil, a doll or stuffed animal and a bag lunch to class.

#5000	Sa	Oct 25
	9-3pm	\$45
		NBHS B112

Register online with your
Visa or MasterCard at
www.nbaceonline.org

Youth Creative Expression



Piano Lessons

with **Chris Kendall**

Limited spots available. Please call Community Education 651-674-1025 for more information.

Violin/Fiddle Lessons Ages 5 to Adult

with **Pierre Pleau**

Join Fiddler Pierre Jacques Pleau and learn toe tapping fiddle tunes to play around the campfire! You must provide your own instrument. (we have a list of new violin/fiddle outfits for purchase starting at \$99 and rentals starting at \$4 per week). Lessons are held on Monday and Thursday evenings. Please call Community Education for more information 651-674-1025.

Beadwork Club - Grades 6-9

with **Laura Geisen**

There's more to beads than just stringing! How about weaving, knotting and knitting? We will learn about types of beads, tools, techniques and product resources. All skill levels welcome. Project offerings include jewelry and other decorative objects.

#4034 M 3:15-4:15pm
Sept 15, 22, Oct 6, 20,
Nov 3, 17, Dec 8, 15
NBMS 310 \$45

Watch Me Draw - Grade K-5

Watch Me Draw! is about learning to draw. It is also about having fun. But it is really all about developing skills; drawing skills of course, but also learning skills. Our young artists leave each class with a picture and a little bit more self esteem, resulting from accomplishing a difficult task. Each week students will bring home a beautiful drawing varying in subject matter and style. We will also "Mimic the Masters" once each session, learning about a master artist and creating a rendition of their art. Lessons are never repeated. They are taught by trained instructors who have a passion for art and a love for kids. No class September 29 and October 14.

Grades K-1

#4044 M Sept 22-Oct 27
3:10-4:10pm \$59
NBPS Large Gym

Grades 2-5

#4045 T Sept 23-Oct 28
2:55-3:55pm \$59
NB Sunrise School Cafeteria

Quick and Easy Paper Photo Album - Ages 9 and older

with **Jenny Kasa**

Create a mini album; it's a quick and easy option for you to keep for yourself or give as a gift. Your album will be quickly assembled using the coordinated, pre-cut decorative accessories included in your paper album kit. It's so simple and there is no cutting required! A variety of color schemes/themes will be available to choose from. Please bring 15-30 photos with you to class. Children ages 9 and older are welcome to register for the class. A material fee of \$20 payable to instructor at class. The material fee is per person or families can make one together. This includes all of the necessary supplies.

#4302 T Oct 14
7-8:30pm \$13 per person
NBHS B102 \$18 per family

Bring A Bear to Life Ages 12 and older

with **Elaine Jacobs**

Create your own collectible teddy bear with recycled mink. Instructor provides the bear body - ready for stuffing. You will stuff and name your own newborn, jointed bear. Choose from a variety of fur colors and bear bodies, each with their own personality. Completed bears are about 8 inches long and ready for naming. You will go home with your bear, name pendant, adoption certificate and tote bag for transportation. An adult must accompany children under age 12. Stop by the Community Education office to see sample on display.

#4304 M Nov 24
 6:30-8:30pm \$39
 NBHS B100

Les Miserables

**North Branch Area High School
Musical**

November 20, 21, 22 at 7pm
November 23 at 2pm
\$7 adults, \$5 students and senior citizens
Tickets can be purchased at the high school office and Nelsons Market beginning November 1.
NBHS Auditorium

"Between the Northern Pines" Auditions - Grades 4-7

with **North Star Theater Company**

Discover your pioneer spirit, become a part of the folklore and develop new friendships "Between The Northern Pines". Free theater auditions for this children's musical (written and directed by Pierre Jacques Pleau) will be held in December with rehearsals starting in January. Rehearsals will be on Tuesdays and Fridays with a few Wednesdays and Thursdays. The cost per person, for those cast in the play will be \$75 and a \$20 material fee. Payment is due at the parent/child cast meeting on Friday, December 12, 6:30-8:30pm at the NBHS Auditorium. No previous acting experience is necessary to audition. Go to www.northstartheatercompany.com for complete audition info or pick up a copy at the Community Education office.

To reserve your audition time call Pierre at 651-674-8129.

Audition Dates at NBHS Auditorium

F	Dec 5	5-9pm
Sa	Dec 6	12-3pm



Youth Connections School Age Child Care

K-6th grade students are invited to attend Youth Connections before and after school at the Main Street School. Shuttle service is provided to and from other schools for registered students. Youth Connections provides recreation, crafts, wacky science experiments, teamwork building skills, after school snack and LOTS of fun!
Call Community Education 651-674-1025 to receive a registration packet.

Youth Recreation

Friday Family Time

Gr K-6 and Parents

Enjoy an evening of fun with your family. We will have board games, gym games, Wii, DDR and Guitar Hero available for you. Childcare available for younger siblings. Call 651-674-1025 to reserve this service. This evening of fun is co-sponsored with Central Minnesota Jobs and Trainings Youth Programs, Leadership Group and North Branch Area Community Education.

F	Nov 14
6:30-8pm	FREE
NB Main Street School Gym	

Beginning Tae Kwon Do

Ages 7-Adult

Do you want an activity that you and your family can participate in together? Do you want a cardio, strength, and stretching workout? Do you want your child to learn respect, gain confidence, and stay fit? Then give the ancient Korean martial art of Tae Kwon Do a try. Traditional Tae Kwon Do classes teach punches, strikes, blocks and kicks along with the traditional philosophy of self-control, self-discipline, and respect for others. Tae Kwon Do also teaches basic self-defense for ages 7-adult. Students will have the opportunity to advance to a higher rank if they choose. You will be taught by Nationally Certified 4th Dan Black Belt Instructor Jr. Master Chris Kotys. Wear comfortable clothes. Classes held at NB Main Street School Gym.

#6042	T	Sept 2-Oct 28
	5:30-6:30pm	\$34
	Th	Sept 4-Oct 30
	5:30-6:30pm	\$34
#6042	T	Nov 11-Dec 23
	5:30-6:30pm	\$34
	Th	Nov 6-Dec 18
	5:30-6:30pm	\$34
#6042	T	Jan 6-Feb 24
	5:30-6:30pm	\$34
	Th	Jan 8-Feb 26
	5:30-6:30pm	\$34

Intermediate Tae Kwon Do

Ages 7-Adult

This intermediate Tae Kwon Do class is a great class for those students ready to move on from beginners but not quite ready for the traditional class. You will be taught by Nationally Certified 4th Dan Black Belt Instructors Jr. Master Chris Kotys or Jr. Master Dave Schuler. Classes ongoing year round. Monthly fees. Classes held at NB Main Street School Gym.

#6045	T & Th	Sept 2-30
	7-8pm	\$39
#6045	T & Th	Oct 2-30
	7-8pm	\$39
#6045	T & Th	Nov 6-25
	7-8pm	\$39
#6045	T & Th	Dec 2-18
	7-8pm	\$39
#6045	T & Th	Jan 6-29
	7-8pm	\$39

Traditional Tae Kwon Do

Ages 7-Adult

This class is for students of Sun Yi's Academy who have attended advanced classes and/or completed beginner courses, (orientation as well as Lil Ninja's) and are committed to advancing in rank. All students from Sun Yi's Academy North Branch, (white belt through black belt) need to register. Students will be taught by Nationally Certified 4th Dan Black Belt Instructors Jr. Master Chris Kotys or Jr. Master Dave Schuler. Sun Yi's Academy uniform required. Classes held at NB Main Street School Gym.

#6043	M-Th	Sept 2-30
	7-8pm	\$55
#6043	M-Th	Oct 1-30
	7-8pm	\$55
#6043	M-Th	Nov 3-26
	7-8pm	\$55
#6043	M-Th	Dec 1-23
	7-8pm	\$55
#6043	M-Th	Jan 5-29
	7-8pm	\$55



BMX Basics Camp Ages 6-Older

Spend the day at the Rum River BMX Track learning about BMX bike racing. This camp will cover BMX fundamentals including “What is BMX racing?” racing bike types, BMX terminology, course set up and BMX safety. Students will receive hands on riding instruction and will practice their new skills on the BMX track. This camp is designed for novice/new riders who are interested in the sport. You will need to bring your bike (maximum bike size 20” with reflectors, kickstand, chain guard, and pegs removed), a full-face helmet is recommended, as helmets are required, wear long pants, long sleeve shirt and sturdy shoes. A limited amount of helmets will be available for use. Special Bonus! Riders are invited to test their new skills in an ABA sanctioned race at the track that afternoon. Awards will be given in each skill level and age class. Registration and practice time from 11:00-12:30 with race to follow. A signed waiver is required for each student when registering for this activity. This is a family event and parents are strongly encouraged to come and watch the kids. BMX camp 8:30-11 am lunch break - bring lunch or concessions available, Race Practice 11-12:30 and race at 1 pm.

#6040 Sa Sept. 13
 8:30-2pm \$15
 Rum River BMX Track

Introduction to Horseback Riding Level I - Ages 7-18

with Wild River Stables

This class will cover getting to know your horse, safety, basic seat and hand position, beginning trot, and using natural aids. Lessons consist of short lectures, demonstrations and individual practice. Everyone will have their own horse and learn grooming, tacking up and basic procedures. Students should wear long pants and tie shoes or boots. Provide your own transportation to stable.

#6030 M Sept 15-Oct 20
 5:30-7pm \$141
 Wild River Stables

Beginner Horseback Riding Level IIB

with Wild River Stables

This class will cover horse care and handling, horse breeds, pre-jump exercises, posting on correct diagonal, first jump, western riding, and games. Everyone will have their own horse and learn grooming, tacking up and improve balance and control. Prerequisite: Beginner Horseback Riding - Level IIA. Students should wear long pants and tie shoes or boots. Provide your own transportation to stable.

#6003 T Sept 16-Oct 21
 5:30-7pm \$141
 Wild River Stables

Intermediate Horseback Riding Level III

with Wild River Stables

This class will cover horse behavior, equipment, bits and bridling, horse care, rein aids, natural aids, improving with canter, bareback, leads, transitions, school figures, turn backs and jumping. Students need to wear long pants and tie shoes or boots. Provide your own transportation to stable.

#6002 W Sept 17-Oct 22
 5:30-7pm \$141
 Wild River Stables

*Register online with your
 Visa or MasterCard at
www.nbaceonline.org*

Youth Recreation



Ski Club - Grades 6-11

\$191 Price includes: 10 + Ski Season Lift Ticket, Busing, and Chaperone. Equipment Rental is an additional weekly fee. Students with current Wild Mountain Ski Passes \$96 for bus and chaperone. Helmets encouraged. Tuesdays, December 2, 9, 16, 23, January 6, 13, 20, 27, February 3, 10, 17, 24. Ski Club will be canceled when the weather is dangerously cold or poor driving conditions exist. We do not make up days we miss.

Things to know:

*Sign up/check equipment in each morning between 7:45-8:10am with Ms. Pouliot at room 701; *Ski lessons are free the first night you ski/board.

*If you own your own skis use the Wild Mountain "Ski Corral" to prevent theft. It costs \$1 a day. North Branch Area Community Ed and Wild Mountain are not responsible for stolen items.

*Inappropriate conduct will result in removal from program.

*One time users must have registration form and payment into the Community Education office the Thursday prior to ski date. Cost \$47 with rental or \$27 without rental per night.

*To register for ski club please download the ski club form found at www.northbranch.k12.mn.us click on Community Education.

#6100 T Dec 2-Feb 24
3:15-8:30pm \$191 Package
NBMS South Café

Youth Nordic Ski League

with John Grund

Join John December 2 from 6:30-8pm at the North Branch Primary School for registration and equipment rental. Deadline to register December 13th. John will meet skiers at Wild River State Park January 4-February 22. Call John for more information 651-674-6096.

Zumba Ages 16- Adult

with Molly Burnoski

Ditch the workout, join the party! The newest fitness rage reaches North Branch. This class combines rhythmic beats with Latin based moves. Its exercise in disguise! Wear comfortable clothes and shoes. \$4 at the door or \$36 for 10 session punch card.

T Sept 16-April 28
9-10am
NB Main Street School Gym

Pool at Pizza Pub - Grades 7-12

with Brad Klepsa

Come improve your skills through a variety of games. We will play 8-ball, 9-ball, 3-ball, cut-throat and 14-1. Techniques for cue handling and ball control will be discussed and demonstrated throughout the sessions. No pool October 13.

#2600 Session I
M Sept 15-Nov 10
6:30-8pm \$30
NB Pizza Pub

#2600 Session II
M Jan 5-Feb 23
6:30-8pm \$30
NB Pizza Pub

THE VOICE

Now included in this catalog
See pages 33-43 for
school district news and
announcements.



Youth In Action Basketball Grades 1-6

with Dennis Hensch

Join us for this fun basketball program where we will learn various skills to develop eye-hand coordination; learn about sportsmanship and how to work together as a team. We will form teams and host intramural league play during the season which begins on Dec 6.

The Minnesota Timberwolves Junior Wolves staff will be at our first session to help with skill development. Each participant will get a \$20 ticket to Timberwolves game.

Deadline to register is October 22 (\$10 late fee assessed after deadline date only if room available). Number of participants/grade will determine if we combine grades and when their specific gym time will be. Limited enrollment so register early.

If your child is playing on a travel basketball please note this on registration form. Each participant will receive a basketball. Please note, only requests for siblings to be together or parent coaches to be together with their children will be honored.

Coaches are needed and will be supplied with helpful tips/drills as well as a clinic put on by the high school coaches. Coaches meeting held Tuesday, Nov 18th at 7 pm at NB Middle School, South Cafeteria.

To register for Youth in Action Basketball, please download the registration form found at www.northbranch.k12.mn.us, click on Community Education. No games/practice on Dec 27 and Jan 3.

8-9am	Grade 1
9-10am	Grade 2
10-11am	Grade 3
11-12pm	Grade 4-6
	NBMS Gym \$37

#6012 Grades 1-2
Sa Dec 6-Feb 21

#6012 Grades 3-6
Sa Dec 6-Feb 28

Viking Girls & Boys Basketball Grades 3-6

with Roger Keller

A youth basketball program that focuses on teaching the fundamentals, team play and intramural games. Each student will receive a basketball. We need parent volunteers to help out with this program. If interested please indicate on the registration form. Registration deadlines: Girls -October 1, Boys-January 6th. No class Nov 4.

T 6:30-8pm \$27
NBMS South Gym

#6009 Girls Oct 21-Dec 2

#6009 Boys Jan 27-Mar 3

Youth Basketball Referee Training Grades 9-12

with Dennis Hensch

Attention all basketball players in grades 9-12!! Pass on your basketball skills to the up and coming younger generation (1st-6th graders) by being a referee at the youth basketball programs this winter. It's a lot of fun and a great way to earn some extra cash by using the skills from the sport you love. Refs must attend training to be a ref and earn \$8 per game. Participants must be available to ref on some of these dates: Saturdays, December 6-February 28, 9 am-noon. Upon completion of the training and signing up to ref, participants will get a ref t-shirt and whistle.

#2900 T Nov 18
8-9pm \$9
NBMS South Cafeteria

Youth Recreation



Scotch Doubles Pool Tournament Grades 7-12 and Adults

with Brad Klepsa

Join us for an 8-ball Scotch Doubles pool tournament for youth and adult pairs. Youth in grades 7-12 and an adult partner will participate in the best of three, double elimination pool tournament. Trophies and other prizes awarded to qualifying teams.

#6065 Sa Dec 13
 9:30-3:30pm \$16 per team
 NB Pizza Pub

#6065 Sa Feb 7
 9:30-3:30pm \$16 per team
 NB Pizza Pub

Youth Rec Night Grades 6-8

with North Branch Area Athletic Association

Join us for basketball, dodgeball, volleyball, as well as music and dancing. Test your skills during our contests and win a prize! This event is co-sponsored by North Branch Area Athletic Association and North Branch Area Community Education.

F Oct 24
7:30-10pm \$5
NBMS South Gym

Lil' Ones Open Gym Ages 2-5

With Heather Mench

Do you have children ages 2-5 who just have energy to burn and a driving need to expand boundaries? We'll, open up a gigantic, new world of fun at our preschool open gym. During our open gym we'll have fun playing with parachutes, gym games, and just running around and playing with new and old friends. Each child must have an adult accompanying them.

#6001 W Jan 7-28
 10:30-11:15am \$15
 NB Main Street School Gym

Open Gym Grades K-12

Mark your calendars for open gym this winter. We will have fun playing basketball, dodgeball and volleyball with friends. New this winter, we will have DDR, Guitar Hero and Wii for all ages. Parents must accompany child during the parent/child open gym time.

Su	Jan 11-Apr 5
NBMS Gym	\$1 per session
1-2:30pm	Grades K-5
	Parent must accompany child.
2:30-4pm	Grades 6-8
4-5:30pm	Grades 9-12

Gymnastics

Head Coaches: Melissa Redfield & Barb Burdick

All coaches Safety Certified by USGA and have 15 or more years in the sport

Session 1 8 weeks September 15th – November 14th
 Session 2 8 weeks November 25th – January 26th

Dates off, due to holiday and school closing will be given out the first week of class.
 Class prices are based on you getting your 8 weeks of class. We will have some scheduled dates off. Classes must have 3 or more gymnasts registered to have the class.

Pre-school ages 3-4 45 min. class Session 1 \$60
 Monday 5-5:45 or Wednesday 6:30-7:15 or Thursday 7-7:45 Session 2 \$60
 No gymnastic experience needed.

Beginners I & II ages 5 & up 60 min. class Session 1 \$60
 Monday 5-6 or Wednesday 7:15-8:15 or Thursday 6-7 Session 2 \$60
 No gymnastic experience needed.

Adv Beginners I & II 90 min. class Session 1 \$80
 Monday 6-7:30 or Wednesday 5-6:30 Session 2 \$80
 Must have 1 year gymnastic experience.

Fast trackers ages 6 & up 2 hour classes Session 1 \$95
 Monday & Wednesday 6-8 Session 2 \$95
 Must have gymnastic experience. Coach's recommendation required.

High School Gymnasts getting ready for season! Session 1 \$190
 Monday & Wednesday 6-8 *1st. session only

T-1 USGA level 4

Age 7 & up, 3 hour classes must have coach's recommendation.
 Competition offered outside Community Ed. Session 1 \$240
 Tuesday & Thursday 5-8 Session 2 \$240

T-2 USGA Levels 5 & 6

All ages coaches recommendation required. Session 1 \$240
 Competition outside Community Ed Session 2 \$320
 Tuesday, Thursday 5-8 Friday 5-7

T-3 Levels 7-10

All ages coaches testing required. Session 1 \$525
 USGA competition outside Community Ed. Session 2 \$525
 Monday, Wednesday 5-8:30, Tuesday, Thursday 5-8, Friday 5-7

*Register online with your Visa or MasterCard at
www.nbaceonline.org*

Early Childhood

Early Childhood has a new location on the West Side of the Primary School
New phone number: 651-674-1220



What is ECFE?

ECFE offers an opportunity for you to spend time WITH your children. It is not a preschool, nursery school, or drop-off daycare. It is a family-centered session with emphasis on strengthening your family.

Special Family Events

- September 4 Open House 5:30 - 7:30
Grand Opening,
- September 8 Advisory Council meeting
- September 15 ECFE classes begin
(11 weeks)
- September 26 Apple Orchard Tour
- September 27 Fall Harvest Fest,
Vehicle Fair
- October 11 Baby – Toddler EXPO
- October 14 Pumpkin Patch Tour
- October 30 Family Fun Fest
Unscary Halloween
- November 20 Baby Shower
- December 4 Holidazzle Parade
- December 6 Santa Days
- December 9 Holiday Fun Fest

Early Childhood Offerings

A complete listing of Early Childhood offerings can be found on the Early Childhood and Family Education web site at www.northbranch.k12.mn.us. Click on Newsletters for the Fall 2008 information.

Preschool Classes with Openings

Four-Year Old

Monday, Tuesday, Thursday – 12:30-3 pm

Mixed-Age

Wednesday & Friday – 12:30-3pm
Friday – 12:30-3pm

Three-Year Old

Tuesday – 9-11:30am
Wednesday, Friday – 9-11:30am
Thursday – 9-11:30am

Kids & Co

Wednesday – 9-11:30am

Interested in a different class?

You can put your name on the waiting list and if a space opens you will be called.

Call 651-674-1220 for details and registration

THE VOICE



A Publication of North Branch Area Public Schools

6644 Main Street, North Branch, MN 55056
www.northbranch.k12.mn.us

651-674-1000



Welcome to North Branch Area Public Schools!

This edition of the Voice is our response to you! Throughout the past year, we heard that the Voice was missed and to bring it back as soon as possible. We hope this edition meets your expectations!

Learning together with you is our priority. Our mission is to “Partner with families and communities to challenge all students to achieve their greatest potential and become informed citizens.”

With our mission in mind, we recently completed a strategic planning process that included input from staff, families and community members, and culminated in a plan for the next five years.

We encourage you to come and learn together with us! Our high quality staff will welcome you into our safe and clean schools. Whether for an Open House, a school conference, a community education course, a community engagement meeting, or signing up for activities, we hope you join us soon!

LEARNING TOGETHER!

*Deb Henton, Ed.D. Superintendent
North Branch Area Public Schools*

Mark Your Calendar

Please attend our Community Engagement Supper Meeting

September 22, 5:30pm
North Branch High School Commons

School Board

Business Meeting

2nd Thursday of each month
Main Street School, 7pm

School Board Members

Kirby Ekstrom, Donna Hubbard,
Kim Salo, Karen Saltis, Donna Setter,
Jeanne Walz

Notice of filing dates for election to School Board

Filing date for NBAPS ISD #138 School Board ends on September 9, 2008, at 5 pm. You may pick up Affidavits of Candidacy and pay the \$2 filing fee at the District Office. At the general election, three members will be elected to the School Board for terms of four years each.

District Calendar 2008-09

District calendars available at
www.northbranch.k12.mn.us

September	2	First day of school
	29	No School
October	15-17	No School
November	27-28	No School
December	1	No School
	24-31	No School
January	1-2	No School
	19	No School
February	13	No School
	16	No School
March	6-13	No School
April	9-10	No School
May	25	No School
June	4	Graduation
	5	Last day of school

Mapping Our Future Strategic Plan for 2008-2013



Vision Statement - Where we want to be

Inspire dreams, build integrity and instill hope in our students, our staff, our families and our communities.

Mission Statement - What we do

Partner with families and communities to challenge all students to achieve their greatest potential and become informed citizens.

Goal Statements - What do we want to accomplish

- ◆ Prepare all learners for success in school and in life
- ◆ Raise accountability for all staff and programs
- ◆ Increase community engagement
- ◆ Commit resources to district priorities

Measurable Outcomes - How we measure progress towards our goals

- a. Improved achievement in reading, writing, math and science
- b. Increased achievement of each learner
- c. Engaged learners who are globally aware, embrace diversity and the future
- d. Increased use of data and research to improve teaching and learning, and all programs district-wide
- e. Leaders of all schools and programs held accountable for continuous improvement
- f. Environments that are safe, welcoming and respectful
- g. Improved communication with our staff, families and communities
- h. Resources aligned to district goals
- i. Additional resources secured
- j. Expanded comprehensive professional development program promoted for all staff



Sunrise River Elementary School

37775 Grand Avenue, North Branch, MN
651-674-1100

Sunrise River Elementary School is excited to be the home for all students in grades two through five beginning this fall. This is a great opportunity to unite our second graders and allow our staff to collaborate under one roof to provide an excellent education in a fantastic building.

Partners in Education, *PIE*, is our parent organization that encourages Sunrise staff and parents to work together to benefit students academically and socially. Meetings have been held over the summer months to begin planning for the upcoming school year. We would love more families to be involved. If you're interested in participating or receiving e-mail updates, please contact our school office. Schools are most effective for students when parents and educators communicate and work together—please join us!

Sunrise River School staff is incredibly proud of the fact that our school met *Adequate Yearly Progress* as indicated by the results of the MCA II, *Minnesota Comprehensive Assessment* tests given last spring. Our students performed well in both reading and math as a direct result of the many initiatives in our school which are designed to improve student achievement. 2008-09 will be another great year—welcome back!

Special Education

651-674-1106

Exciting changes in Special Education for 2008-09 school year

The Special Education Staff at the Primary School and the Early Childhood Special Education Staff will collaboratively provide Special Education services for children ages birth through first grade at the primary school. This early learning model provides flexibility and an opportunity for innovative activities.

Dr. Carol Beckerleg, Director of Special Education, will also assume duties as Assistant Principal at Sunrise River School.

The Special Education Administrative Team has moved to Sunrise.

The Middle School and Senior High School Special Education Departments will continue to focus on improvement of reading skills. We'll also explore computer-assisted math programs with the goal of choosing supplementary materials that help students attain proficiency in math skills.

The Brooker Building will be the home of two Special Education programs this fall: Gateway (formerly Northgate), a Special Education program for behavioral, emotional and social challenges, will occupy half of the building. STEP, an educational, transition program for Special Education students, ages 18 through 21 years, will occupy the other half of the building. STEP is a new program which helps prepare students for independent living. Both of these programs venture into the community for Career Exploration, Community Activities and Life Skills.

*Dr Carol Beckerleg
North Branch Area Public Schools
Special Education Director and Sunrise
Elementary School Assistant Principal*

Need a school supply list?

Go to www.northbranch.k12.mn.us

Candidates' Forum

Sponsored by: Chisago County League of Women Voters
and North Branch Area Community Education

October 28, 6:30 pm - North Branch High School Auditorium

Chisago County Commissioners District 1, 3, and 5
North Branch Area School Board #138 Information Session
Minnesota House District 17B

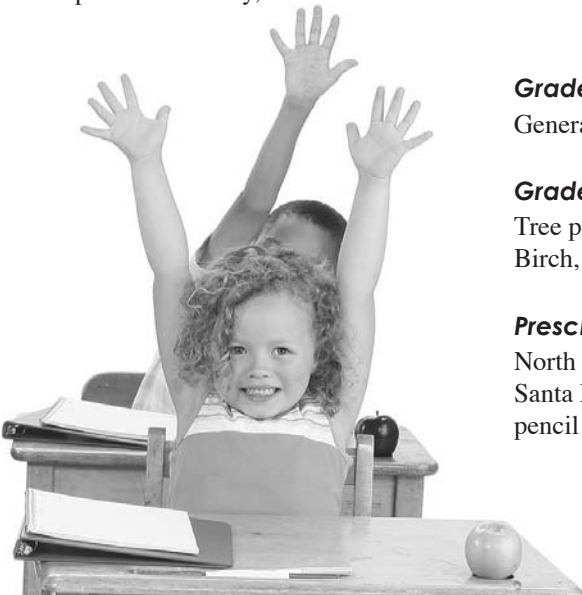
Special Feature:

How to communicate with legislators and elected officials.



Kids Vote

Young citizens of the North Branch Area School District are invited to join their parents at the polls on Tuesday, November 4th. The Kids' Vote booths will have three ballots:



Grades 4-8

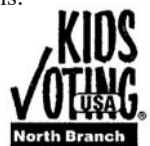
General Election Ballot

Grades K-3

Tree planting choices for Kost Dam Park
Birch, Maple or Flowering Crab

Preschoolers

North Branch Chamber of Commerce
Santa Days Bag content choices
pencil and eraser or crayons.



Our school district is proud to teach our youth the importance of voting. Teachers will be providing age-appropriate civic lessons and appreciate parents taking their children to the polls. Student results will be posted in the Post Review.



North Branch Area Primary School

38705 Grand Avenue, North Branch, MN
651-674-1200

North Branch Area Primary School and North Branch Early Childhood Programs are coming together under one roof. The merging of the two programs will offer a more seamless, ongoing educational program to meet the needs of our young learners.

North Branch Area Primary School continues to work on site goals focused on improved performance in the areas of math and reading, and improved communication with parents and community members. We are also focusing on improved staff performance through professional development, training and curriculum alignment.

We will offer two sections of all day, everyday, fee-based kindergarten beginning this fall. Students will receive instruction from the same licensed teacher every day. The additional instructional time will be focused on enrichment activities that reinforce learning. We appreciate your support of this program.

Jan Ashlin
North Branch Area Primary School
Principal and Director of Teaching
and Learning

North Branch Area Middle School

38431 Lincoln Trail, North Branch, MN
651-674-1300

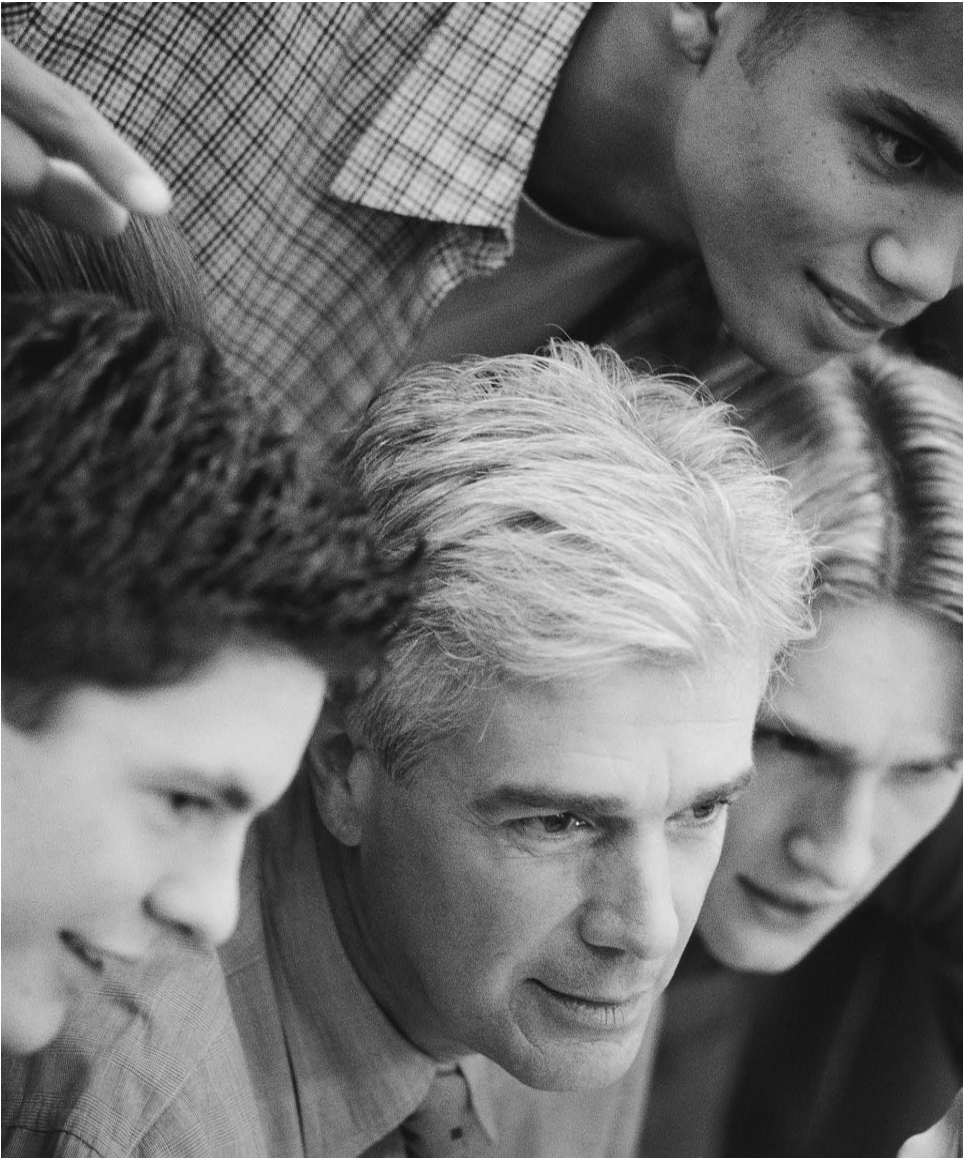
Between the ages of 10 and 15, students undergo more rapid and profound changes than in any other time of their lives. They grow socially, intellectually and physically at a rapid rate. They are discovering who they are and what kind of person they wish to become. The staff at North Branch Middle School are very aware of the developmental level of the students they encounter each day and make the effort to provide a positive and supportive environment.

In middle school, children have their first experiences with changing classes, earning A - F grades, changing clothes for Phy Ed, participating in after school activities and dealing with the challenges of adolescence.

Beginning this fall, the middle school will be adopting the theme *Take a Stand, Lend a Hand* as we take a school-wide approach to address bullying behaviors in our school as we continue with the *Olweus Bullying Prevention Program* that is currently in place at Sunrise River School. I know the staff at North Branch Middle School are looking forward to a great school year.

Todd Tetzlaff
North Branch Area Middle School
Principal





Want to Share Your Time & Talents?

Community Education is creating a directory of volunteer service for the upcoming school year. If you have topics you would like to present to students, enjoy helping students with homework, have time for students to read to you, like working on special events (i.e. book fairs), or want to be a mentor, we would appreciate hearing from you.

Name _____

Address _____

Daytime Phone # _____

Presentation Topics (list all) _____

Homework Help (preferred grade level & subject matter) _____

Special Projects (list skills you're willing to share) _____

Day(s) available _____ Month(s) available _____

Hour(s) available _____



North Branch Area High School

38175 Grand Avenue, North Branch, MN
651-674-1500

Literacy... the Foundation of School

Literacy is the ability to read, comprehend, interpret, discuss and write about information. Students and parents will see and hear the term literacy frequently during the 2008-09 school year. Although literacy is always part of our school focus, this year we will stress this important skill. Every subject in school and most tasks in life require literacy skills.

All high school teachers will spend time teaching reading comprehension strategies, writing and discussion skills, and explaining ways to process information. This focus on literacy will benefit all students because all students can become better readers and writers and thinkers.

Posters stressing our focus on literacy will be posted in hallways and classrooms. Improved literacy skills will help our students experience success in all academic areas and improve performance on state graduation tests and college entrance tests. We're looking forward to a great year.

*Brad Windschill
North Branch Area High School Principal*

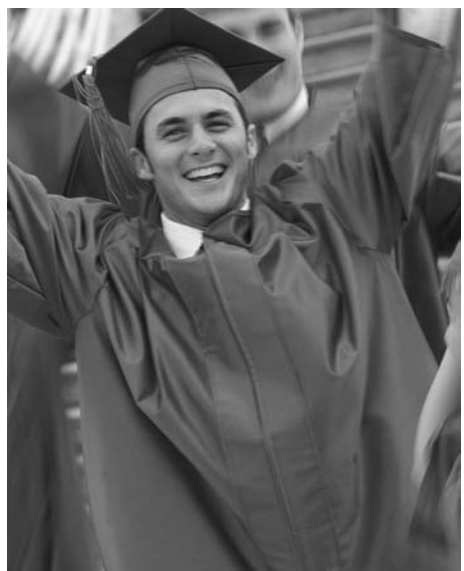
Graduation & the 10th grade Minnesota Comprehensive Assessment

Students scoring a *Met the GRAD Requirement* on the reading test have passed and have met one of the state's graduation requirements. Other state graduation assessment requirements are the 9th grade writing assessment and the 11th grade math assessment. Along with these state assessments, North Branch Area Public Schools' students must earn 74 credits in order to graduate.

Students scoring a *Not Met the GRAD Requirement* on the reading test will be offered opportunities to retake the reading assessment throughout the coming school year. To prepare students for retesting, they will be offered before-school and after-school tutoring. The District will also develop and implement a reading course at the high school level.

North Branch Area Public Schools strive to meet the needs of all learners. We will continue to work diligently to prepare your child for retesting on these important assessments. It is very important that your family review all available options and sign up for assistance as needed.

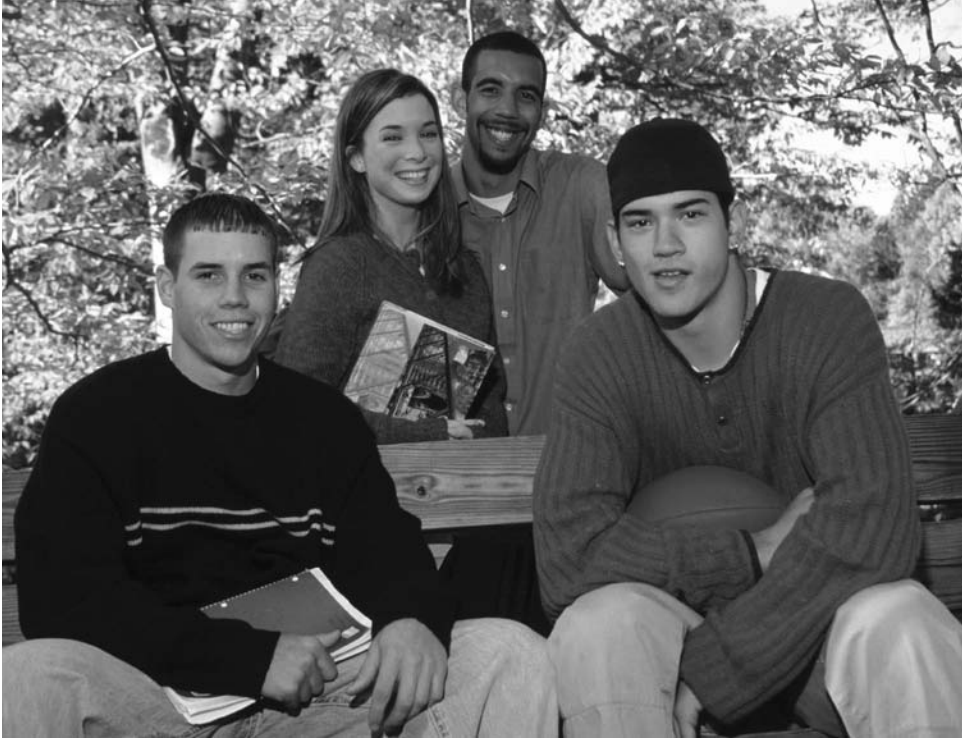
If you have questions or concerns about these assessments, please contact the guidance counselors at North Branch Area High School at 651-674-1549. Area Learning Center students may contact Lori Zimmerman at 674-1050.



Alternative Learning Center

6644 Main Street, North Branch, MN 55056

651-674-1050



We Can Help You Graduate

The Area Learning Center (ALC) serves students in grades 7-12 who meet state established criteria and require a different kind of educational program in order to successfully meet local and state graduation requirements.

Independent Study

In addition to the more traditional day program for students, the ALC offers an independent study program for students to complete work with a greater amount of self-direction.

Distance Learning Program

Also located within the ALC area, the Distance Learning Program, serves students in grades K-12 who are completing their educational program at home, with continuous family support, and guidance and direction from a licensed teacher.

Open House

Open House for ALC and Distance Learning students will be August 28, 5:30-7:30 pm. For more information, contact the ALC office at 651-674-1050

STEP

Student Transition and Employability Program

On July 17, thirteen students and their families attended an informational evening hosted by school staff to share plans for STEP (Student Transition and Employability Program). STEP will serve Special Education students, between the ages of 18 and 21, who require additional support as they transition between high school and post-secondary or employment options.

In coming weeks, STEP staff will be working to begin building relationships with area businesses and organizations whose mission STEP students might support and enhance. An open house for students, families, and anyone wanting to learn more about the program will be held on September 16 from 4:30-7:30 pm. STEP will be located in the Henry Brooker Building. For more information, contact Stacy Johnstone or Nancy Beckzierdt at 651-674-1407 or 651-674-1409.

Lori Zimmerman
Director of North Branch Area Alternative Learning Programs



District Activities

651-674-1514

Viking Crew Volunteers

As we gear up for another school year, the North Branch Activities Department is launching a new program called *Viking Crew*. This is a group of adults and students interested in doing volunteer work during the fall, winter, or spring. It can be a one time commitment, once a week, an entire season, or the entire year. You set the schedule and select the activity in which you'd like to participate.

Volunteer opportunities include providing assistance at concerts and the fall musical, or working at games by scoring, announcing, running the clock, doing chains for football games, getting facilities ready or cleaning up after contests. Volunteer coaches are also welcome.

What's in it for you?

This is a chance to demonstrate your Viking Pride, get a t-shirt, and get free admittance to some contests. Students involved in *Viking Crew* will have an opportunity to letter as well.

Interested?

For more information visit our school district web site activities page or call 651-674-1512.

Hope to see you at an event this year. Thank you for your continued support of Viking Activities.

Becky Leuer
North Branch Area Public Schools
Athletic Director

District Office

6644 Main Street, North Branch, MN
651-674-1000

District Web Site

As we start the new school year, we hope you will take advantage of some features available on the District's web site at www.northbranch.k12.mn.us.

Make Payments at the On Line Store

Visit our On-Line Store to make payments, including activity and fine arts, driver education and parking fees. To access the store, click on *On Line Store* on the left menu bar of the District's web site.

School Lunch Accounts

Beginning this fall, on-line payments to your family's school lunch account should be made through *Skyward Family Access*, rather than the On Line store (as you did last year). The advantage of this change is that your payment is immediately posted to your account and balances are current and up to the minute. Click on the *Parents* button at the top of the District's web site and select *Skyward Family Access*.

Academic & Attendance information

Skyward Family Access also provides access to information about your child's academic and attendance information. This is a secure area that is password protected, so you must sign up for access. If you have not signed up, contact your child's school office for more information.

We hope you will give these features a try.

Randi Johnson
North Branch Area Public Schools
Director of Finance and Personnel





Maintenance

651-674-1090

The Maintenance Department has been very busy this summer with all the moves throughout the district. The moves, the cleaning and summer maintenance have all gone quite well and the buildings are looking great. The Maintenance Department is looking forward to the new school year. The buildings will be clean and ready for the returning students.

Mike Johnson

*North Branch Area Public Schools
Maintenance Director*

Transportation and Transportation Changes

651-674-1030

Welcome back to the new school year! We look forward to safely transporting your children again this year. Please read the Transportation Department Information and Rules with your child(ren) so both you and your child(ren) understand how it works. This policy was implemented to promote safety and make the bus ride more enjoyable.

Bus routes have changed considerably since last year. We will be sending letters the 2nd week of August to all parents of children whose routes have been significantly changed. If you do not receive a letter you can assume that your child(ren)'s bus stop and time will be approximately the same as last year. All new families will receive a letter.

Secondary students in grades 7-12 who live less than one mile from school will not be able to utilize bus services to school. Students may also have to walk further to the bus stop. Because of budget constraints and student enrollment, we have combined a number of routes, so routes may be slightly longer. We do suggest that your child(ren) ride the bus the first day of school so they know which bus route and bus number they will ride.

If your child will be going to a care provider this year, you **MUST** contact the bus garage with the sitter's name, phone number and address so it is in our records. You must do this each year even if your child was at the same care provider last year.

Our transportation department strives to make sure that all buses are in excellent mechanical shape. Safety is our number one priority. Each driver must also inspect their bus and sign off that the bus has been checked thoroughly before they can leave the grounds for their bus route. We have cameras on 100 percent of our routes.

We ask parent cooperation in practicing good safety habits as children enter and exit from our schools. Parents, when picking up children at school, please do not enter the BUS LOADING areas. We do NOT want children crossing alone between parked buses to get to their family car. Bus loading time is one of the most dangerous times for children. In the interest of *Safety First* we ask for parent cooperation.

If your child is a walker, please reinforce these safety rules: 1. Use sidewalks wherever possible, 2. Walk facing traffic when not able to use sidewalk, and 3. Go straight to the proper destination; do not play alongside the road or in the pathway of cars or buses.

The bus safety transportation and rules brochure is available online at www.northbranch.k12.mn.us.

Bill Burton

North Branch Area Public Schools Grounds and Transportation Director

Winter Fest

Celebration of our Heritages



Friday, February 13

North Branch Area High School Auditorium and Commons
6:30-8:30 p.m.

Who makes up the communities of the North Branch Area School District? People, of course! People who celebrate their ethnic heritage! Please join us in our first ever Celebration of our Heritages.

We're looking for citizens of all ages who will share their ethnic dances, songs, artwork and pictures of their homeland with our community. The evening will be a combination of the performing arts and ethnic booths showcasing the country. Artwork may be sold. Our food service will offer samplings of international cuisine. Financial support will be available to off-set the creation of display booths. Please share this application form with others who may not read about this in our brochure.

Yes!!! I would love to share my heritage with our community at the Winter Fest celebration

Name _____ youth adult

Address _____

Daytime phone _____ Evening Phone _____

Heritage: _____

- I will be part of a performance or demonstration _____
- I will create a booth showcasing my country through pictures, maps, artifacts, etc.
- I would like you to help with the display costs and/or printing pictures.
- I have artwork to display I would like to sell my artwork

If our food service can offer it, which food/s would you hope we'd have to represent your country? _____

Sponsored by Community Education
Please submit this form to our office by October 1

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District Information

School Facility Use

ISD #138 North Branch Area Public Schools facilities & fields are available for use by groups/organizations. If you wish to use a facility, you must register your request 10 days in advance of the use, with the Community Education office. A facility use fee, rental and/or custodial fees will be charged. For security reasons only the main doors of each school are unlocked. Security badges must be worn.

Distribution of Materials

Organizations interested in distributing flyers about youth activities through the school must bring a copy of the information to the Community Ed office at least one week prior to printing to get approval. The school district disclaimer must also be printed on any flyers that are sent home with students.

Home Baked/Cooked Foods at North Branch Schools

For the safety of our citizens, it is a district procedure to NOT PERMIT home baked/cooked foods to be eaten at events held in district buildings. Prepackaged items and licensed caterers/restaurants may be used.

Special Support

This document is available in the following formats upon request: Braille, Large Print, Audio Cassette Tape, and Computer Disk. Please call (651) 674-1102 for more information or to request a copy.

North Branch Area Public Schools Chemical Application to Fields

Chemicals, both fertilizers and pesticides, will be applied to district grounds twice a year in mid April and again in early June. In addition, fertilizers may again be applied in October for a third application. All users are advised to stay off of treated fields for twenty-four hours.

Smoking on School Grounds

All school district buildings and grounds are smoke free. Citizens who are observed smoking or using tobacco products in school district buildings, on school grounds, or in/on vehicles shall be asked to refrain from smoking. Violation of the Clean Indoor Air Act is a petty misdemeanor and an injunction can be instituted against a repeat violator.

Inclement Weather

During Inclement Weather, North Branch Area Schools may announce

Two hour late start - means morning Community Preschool and Early Childhood Family Education classes will be cancelled. School Age Care Program open. Afternoon & evening classes will continue. Community use of facilities allowed.

School Closed - if it's a late morning closing due to fog or icy back roads with indications that the day will improve--most afternoon and evening Community Education & ECFE programs will continue. SAC open for registered families. Community use of facilities allowed. If it's closed due to inclement weather for the entire day, all activities and community use of facilities will be cancelled.

Early Dismissal - means ALL Community Education classes, ECFE programs, and Youth Connections for the balance of the day are cancelled. No community use of facilities.

Class cancellations - will be announced through school web site at www.northbranch.k12.mn.us, School Information Line 651-674-1411 and local media outlets.

District Information

Activities Department	651-674-1512	38175 Grand Ave	Door #2
ALC	651-674-1050	6644 Main Street	Door #9
Community Education	651-674-1025	6644 Main Street	Door #1
District Office	651-674-1000	6644 Main Street	Door #1
Early Childhood/Family Ed	651-674-1220	38705 Grand Ave	Door # 1
Food Service - Taher Dining	651-674-1520	38175 Grand Ave	
Gateway & STEP	651-674-1400	38423 Lincoln Trail	
High School	651-674-1500	38175 Grand Ave	Door #2 & #14
Sunrise School	651-674-1100	37775 Grand Ave	Door #1
Middle School	651-674-1300	38431 Lincoln Trail	Door #17 & #1
Primary School	651-674-1200	38705 Grand Ave	Door #1
School Information Line	651-674-1411		
Transportation Department	651-674-1030	38150 Grand Ave	



Our Vision...

Inspire dreams,
 build integrity and
 instill hope in our
 students, our staff,
 our families and
 our communities.

Registration

5 Easy Ways to Register

1. By mail

Mail your registration and check, money order, or Visa/Master Card information to:

Community Education
6644 Main Street
North Branch, MN 55056
Make checks payable to: ISD #138

2. By phone 651-674-1025

Have your registration and Visa or Master, card information ready.

3. By Fax 651-674-1027

Fax your registration to us with your Visa or Master Card information.

4. In Person

At the Community Education Office
6644 Main Street
North Branch, MN 55056

Office Hours Monday-Friday
7:30 am to 4 pm

5. On-Line Registration

www.nbaceonline.org

To Register Online

Visit www.nbaceonline.org
Select your class, add to cart.
Check out.
Fill out student information.
Fill out payee/parent information.
Create your username and password.

Need help with registering online?

Stop by the Community Education office and our staff will assist you.

You must Preregister

Pre-registration is required for all classes. No walk ins.

Class size is limited and some classes fill rapidly. Register early and encourage your friends to sign up with you. Please be aware of registration deadline dates.

Make checks payable to ISD #138.

Are you in?

Assume you are in the class and that it will be held at the time and place indicated. We will contact you by phone or mail if there is a change.

We do not send confirmations.

Refunds

Refunds will be issued if you notify our office of cancellation 2 days prior to class. Processing fee of \$5 on all cancellations.

Seventy-five percent refund for cancellation if made one business day prior to the start of class or deadline date.

No refunds can be issued for trips or classes after deadline or start date.

Vouchers for 75% of class fee are available if you need to withdraw from class prior to the second session for emergency reasons.

No refunds on one session classes unless, Comm Ed office is notified 2 days prior to the start of class.

North Branch Area Schools Information

Information Line 651-674-1411

Web Page: www.northbranch.k12.mn.us

UCare

UCare members may take \$15 off most classes offered. Call Community Education 651-674-1025.

You Can Save Money by Signing up With a Friend

Save 25% off of the class fee when you and a friend sign up together. Registrations must be submitted at same time. Discount rate does not apply to walk in classes, trips, ed2go, online, ongoing classes after first time registration, with other discounts or material fees. Call 651-674-1025 for more information.

Community Ed Registration

**I.S.D. #138 Community Education, 6644 Main Street,
North Branch, MN 55056**

Make Checks Payable to: I.S.D. #138 and mail to the address above
Fax # (651) 674-1027 with Visa or MasterCard Number
Register online at www.nbaceonline.org with Visa or MasterCard

Participant _____

Class # _____ Class Title _____ Fee _____

Class # _____ Class Title _____ Fee _____

Class # _____ Class Title _____ Fee _____

Class # _____ Class Title _____ Fee _____

Home Phone _____ Day Phone _____

Emergency Phone (for youth programs) _____

Address _____

City _____ Zip _____ Birth Date _____

Male Female Grade (2008-09) _____

Age: 0-5 yrs 6-18 yrs 19-54 yrs 55 or over

Parent or guardian (for youth) _____

E-Mail Address _____

Shirt: Adult Size S M L Youth Size S M L

What accommodations (if any) need to be addressed to ensure this participant will be successful at class? _____

Photographs or videos of classes in action may be taken and used for district publications and/or local news media.

If you object to having your child(ren)'s picture used, please check here _____

Waiver: In consideration of your accepting this registration, I hereby, for myself and all associated with me, waive and release any and all rights and claims for damages I or my child may have against Independent School District #138 and its representatives for any and all injuries suffered by myself or my child at the above listed activities, sponsored by ISD 138. We do not confirm classes. See page 46 for refund policy.

Signature Date _____

Payment

UCare Members Only UCare ID# _____

(UCare Discount up to \$15 per class.)

Visa MasterCard Card Number: _____

3 Numbers on back of card _____ Expires _____

Signature Date _____

Youth in Action Basketball and Ski Club Registration forms

Available online at www.northbranch.k12.mn.us click on Community Education.

CHANGE FOR \$CHOOLS



Walk, Bike or Run Saturday, September 27

Walk, Bike, Run or Roll the Sunrise Prairie Trail to raise money for health education in North Branch Area Public Schools! Registration forms available at the Main Street School.

Sponsored by: Chisago County Public Health & Human Services and Fairview Lakes Health Services, in support of North Branch Area Public Schools



North Branch Area Community Education

6644 Main Street
North Branch, MN 55056

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